

#1 Life is like a jar of jalapeno peppers. What you do here, today, may be a burning issue somewhere else, tomorrow.

Please share this wisdom with others while I go to the bathroom.

WHAT HAPPENS TO DEAD PENGUINS?

I know you're interested in wildlife so I thought I'd forward this little known fact. Did you ever wonder why there are no dead penguins on the ice in Antarctica? Where do they all go? Wonder no more! It is a known fact that the penguin is a very ritualistic bird and lives an extremely ordered and complex life. Penguins are extremely committed to their family and will mate for life, as well as maintain a form of compassionate contact with their offspring throughout the remainder of their life.

If a penguin is found dead on the ice surface, other members of the family and their social circle have been known to dig holes in the ice, using only their vestigial wings and beaks, until the hole is deep enough for the dead bird to be rolled into, and buried. After packing the ice back in the hole, the male penguins then gather in a circle around the fresh grave and sing: "Freeze a jolly good fellow." "Freeze a jolly good fellow."

You really didn't believe that I know anything about penguins, did you? It's so easy to fool OLD people! I am sorry; an urge came over me that made me do it!!! Oh, quit whining; I fell for it, too . . .

Do you love words?

- They told me I had type-A blood, but it was a Typo.
- I changed my iPod's name to Titanic. It's syncing now.
- I dropped out of communism class because of lousy Marx.
- When chemists die, they barium.
- Don't worry about old age; it doesn't last.

AS THE COMMENTATOR SAW IT - - - V.



"According to my rough timing, he should be due at this point any moment now. . . ."

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MAY 2020 NEWSLETTER

PRESIDENTS MISSIVE

As I have stated before Probus is for friendship, fellowship and fun and of course in the current social circumstances we cannot fulfil these aspirations. In this difficult time for all of our Club members it is vitally important that we take all the precautions necessary to keep well and to continue to keep active at home as much as possible.

At our Committee meeting last month we really had no option but to continue the postponement of all activities for May and June. There will be a Committee meeting (probably on Zoom) in mid-May to review the situation but at this stage, with the expectation of some relaxation of Social Distancing rules, it is likely that we may be able to resume some or all of our activities in July or August.

This May edition of our Newsletter has been prepared by Col Short and will be distributed to members by Email only. With no activities of any kind underway Col has included some articles and humour/cartoons from our members to boost your spirits.

I trust that this issue finds you well and bearing up under the circumstances. My best wishes to you all and I hope we can get back to normal in the near future.

SECRETARY'S REPORT

Thanks are due to Brian Haywood and Hugh Knight for running two Old Codgers Music Group "virtual meetings" using ZOOM during April. The practicality of other virtual gatherings may be possible, e.g., Coffee Mornings using ZOOM's "break-out rooms" where say 30 people connect in and become say 5 groups of 6 attendees which change composition every 10-15 minutes; virtual General Meetings with say a couple of "5- minute speakers" or a longer Guest Speaker, followed by a short summary of Club business; or virtual tours/outings of museums etc., on-line. More are being planned. We are considering what we can do using video-conferencing (ZOOM, etc.). If you need help using Zoom let me know and I'll see if someone can help out.

Whatever eventuates, it is important we keep in contact with each other. Hopefully our normal activities can start again soon. In the meantime, I hope you are all well, and remain so.

SUBSCRIPTIONS

Another reminder that subscriptions for 2020 (\$40) are now due. They be paid either by Direct Deposit to Westpac BSB: 032 287; Account No.: 154993, with a short description stating YOUR NAME and the event or reason for payment [e.g., DUES Your Name (no hyphen, slashes, etc.)] or by cheque payable to “Epping and District Probus Club” and posted to: Epping and District Probus Club, P.O. Box 855, Epping, NSW, 1710. Please ensure your name is written on the back of the cheque.

WELFARE REPORT

As members know, Alf McDermott has had surgery on his mouth at Royal Prince Alfred Hospital. He is currently in remission from this but will have to return to hospital to have a tooth removed. Apart from this he is progressing well. Chris Staples's Cancer has receded and he is coping well.

OTHER ACTIVITIES

Until such time as social distancing rules are eased, all “Other Activities” are on hold. However, in April, the Old Codgers Music Group did manage to organise two informal face-to-face “Zoom Meetings” in cyberspace. These were well attended and served as a useful introduction to the potential of Zoom software in reducing our current social isolation.

SUGGESTION BOX (submitted by Ed Thurston)

Free Movies

If you are like me, you have probably already exhausted your 30 day FREE movies from Netflix, Amazon Prime and so on. All is not lost. Every library in NSW offers free movie downloads. One of my favourite sites is <https://beamafilm.com/loginLib>. By typing in your Library Card you can now download a wide range of documentaries and movies.

Remember, if you watch with your grandchildren social distancing applies hence, I suggest that you go through your TV, using a HDMI cable or screen mirroring, if you have an old TV like me. Let me know what you think.

Update Your Computer Skills

Now is the perfect time to update your computer skills for free, at your own pace and online. The Australian Government has its own training website called Be Connected, primarily for Seniors. If you are new to the digital world and want to learn new skills or simply want keep up to date then visit <https://beconnected.esafety.gov.au/bookings#staying-safe-online-COVID-19-edition>. From here you can select from a wide range of self paced learning topics plus some great webinars. Let me know what you think.

GOD'S PLAN FOR AGING?

Most seniors never get enough exercise. In His wisdom God decreed that seniors become forgetful so they would have to search for their glasses, keys and other things thus doing more walking. And God looked down and saw that it was good.

Then God saw there was another need. In His wisdom He made seniors lose coordination so they would drop things requiring them to bend, reach & stretch. And God looked down and saw that it was good.

Then God considered the function of bladders and decided seniors would have additional calls of nature requiring more trips to the bathroom, thus providing more exercise. God looked down and saw that it was good.

So if you find as you age, you are getting up and down more, remember its God's will. It is all in your best interest even though you mutter under your breath.

Nine Important Facts to Remember as we grow Older

- #9 Death is the number 1 killer in the world.
- #8 Life is sexually transmitted.
- #7 Good health is merely the slowest possible rate at which one can die.
- #6 Men have 2 motivations: hunger and hanky panky, and they can't tell them apart. If you see a gleam in his eyes, make him a sandwich.
- #5 Give a person a fish and you feed them for a day. Teach a person to use the Internet and they won't bother you for weeks, months, maybe years unless you give them your email address.
- #4 Health nuts are going to feel stupid someday, lying in the hospital, dying of nothing.
- #3 All of us could take a lesson from the weather. It pays no attention to criticism.
- #2 In the 60s, people took LSD to make the world weird. Now the world is weird, and people take Prozac to make it normal.